

Illinois Youth Lacrosse League

COVID-19 Safety Protocol

The below protocols are based on current COVID mitigations. This document will be updated and communicated as new restrictions guidelines relayed from CDC, State and Local governing bodies.

PRE-EVENT PROCEDURE – Self Screening Process

Players, parents/guardians, coaches, and staff are responsible for self-screening themselves for COVID-19 related symptoms prior to attending or participating in any IYLL event, practice, game or gathering.

To Self-Screen – Answer **Yes or No** to the following Questions:

- Do you have a fever? (above 99.4 °f)
- Do you have a cough?
- Do you have a sore throat?
- Do you have shortness of breath?
- Have you had close contact or cared for someone with confirmed COVID-19 diagnosis?

If you answer YES to ANY of the screening questions: STAY HOME! And...

1. Contact your primary care provider
2. Follow CDC guidelines on quarantine and isolation.
3. Contact the IYLL.

POST-EVENT PROCEDURE

Attendees should self-report to the IYLL if they are diagnosed with COVID-19 within 14 days after having attended any event.

IYLL SAFETY PROTOCOLS

- No shared water or food. Players must bring their own water bottle that is clearly labeled.
- No huddles, breakdowns or handshakes
- Upon arrival, go directly to warmup/ game area
- Do not congregate in common areas
- After competition, immediately exit the area and go directly to your car
- Staff will be provided with face coverings.